

Hope Recovery offers online support for survivors of abuse and sexual trauma.

More information is found on our website under Resources, and a variety of services will be offered online at various times for survivors.



If someone you love is being abused, or if you have survived child abuse, seek help. Don't struggle in silence alone. There are resources out there to help and provide support as well as treatment.

MISSION

The mission of Hope Recovery is to make a positive difference in the lives of individuals by assisting them in their trauma recovery providing support, resources, committed volunteers, national leadership and standards of excellence.

VISION

Hope Recovery aspires to provide excellence in service and support while assisting individuals in achieving their recovery goals.

Hope Recovery, Inc.

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Call outside the USA* can only be returned to landlines.

*Includes Guam, Puerto Rico and Canada.

www.hope4christianrecovery.org

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Warning Signs of Child Abuse & Neglect



Hope Recovery
Let the Healing Begin

{ You're Not Alone! }



Warning Signs of Child Abuse & Neglect

While physical abuse is the easiest type of abuse to identify in most cases, other types of abuse do occur. There is emotional abuse, sexual abuse, and neglect. While warning signs may not confirm abuse, they are signs that there is help needed in some fashion, for the family or the child.

Signs of Emotional Abuse:

Appears detached in relationships
Behavioral irregularities (adult like or childlike—not age congruent)
Delays in emotional and social growth
Inability to interact as other children do
Sleep disturbance
Speech disorders
Withdrawn, fearful

Signs of Neglect:

Dirty / unkempt
Lack of adequate shelter
Lack of medical or dental care
Left alone frequently
Poor nutrition
Poor school attendance

Signs of Physical Abuse:

Bruises or other marks (welts, burns, etc.) that can't be explained
Extreme fear or insecurity
Flinches at sudden movements
Inappropriate dressing for weather (long sleeves on hot days)
Injuries in uncommon places
Shies away from touch or closeness
Withdrawn

Signs of Sexual Abuse:

Avoidance of a specific person without logical reason
Bruising or bleeding in external genitalia
Difficulty walking or sitting
Frequent yeast infections or sexually transmitted diseases
Itching or pain in the genital area
Inappropriate sexual play or advanced understanding for age appropriateness
Pregnancy, particularly in children under 14 years old
Runaway
Stained, torn or bloody underclothing

How to Help and Protect Your Family:

Be aware of who interacts with your children
Distribute child abuse awareness materials in your community or church
Donate to programs that support the prevention, support and treatment of child abuse
Educate yourself about abuse and neglect
Learn what is age appropriate behaviors
Reduce isolation
Report suspected or known abuse—In the US call 800-4-A-CHILD (800) 422-4453 or in the UK: adults—0808 800 5000— For children, 0800 1111, or in Australia: 1 800 688 009. Children can contact chiworld.org online for help.
Seek support if your child has been abused
Set clear boundaries in your family and with other adults who spend time with your children
Talk to your child about what is going on in their lives and keep communication open so they will feel free to talk with you if they are abused by someone