



*Hope Recovery,
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Graduate Internship
Counseling & Social Work

Fully Remote via Zoom

Position Description

Supervisor: Clinical Director, (MSW Supervisor internal or external if needed)

Purpose:

To provide graduate students studying counseling and social work who are working toward developing their clinical skills that they have been learning in class. The internship includes both direct and indirect service hours, with a strong clinical focus. 1st year/2nd year social work interns have appropriate skills level training. Psychopathology is required for 2nd year interns for diagnosing.

Duties & Responsibilities:

- ❖ Track your internship hours on your Hope Recovery spreadsheet even though required to do so with your university.
- ❖ Complete required classroom and in-group training.
- ❖ Facilitate support groups, classes, group therapy and 1:1 sessions/individual counseling (individual counseling depends upon intern's state of residence).
- ❖ Facilitate intake & assessments, then identify the diagnosis, and create a treatment plan.
- ❖ Develop a curriculum for a workshop or support group related to abuse and sexual trauma or a related issue.
- ❖ Maintain confidentiality and HIPAA Compliance.
- ❖ Collaborate with co-facilitator in planning for each weekly group, class or group therapy.
- ❖ Model genuine compassion, empathy, and open-minded responses within the group.
- ❖ Use active listening skills to provide a safe and supportive group where members can feel safe to give and receive support, and a therapeutic group when leading a therapy group.
- ❖ Attend supervision weekly, having prepared appropriately.
- ❖ Submit all required documentation and projects due in a timely fashion.
- ❖ Having a DSM-5-TR is a requirement for counseling and social work interns.

Opportunities:

- ❖ Learn & improve active listening & SOLAR skills.
- ❖ Become familiar with the DSM-5-TR and trauma related diagnoses.
- ❖ Become proficient in facilitating biopsychosocial and mental status evaluations.
- ❖ Be able to easily recognize the symptoms of a variety of diagnoses our clients experience and learn how to determine if a client meets criteria for a particular diagnosis.
- ❖ Become proficient in developing treatment plans for each of the diagnoses that you become familiar with.
- ❖ Increase group facilitation skills and experience.
- ❖ Gain additional knowledge regarding issues faced by survivors of abuse and sexual trauma.
- ❖ Participate in ongoing training to increase knowledge base and skills.

Time Commitment: Hours per week depend upon your internship requirements, but no less than 10 hours per week.

****Note**** We do not have internships where you can have a 9-5 schedule. Our program is not designed that way. Most interns work part- or full-time and their internship is spread over 3-5 days to make their hours, depending upon the number of hours required for the internship.

Age Requirements: At least 18 years of age.

Qualifications: Must be currently enrolled in a master's program and have approval from your university for a placement with us.

Training: 20 hours of classroom training, reading, videos to start, followed by a minimum of 18 hours of in-group training. Intern training on agency policy for master level interns, then ongoing training throughout your internship, in addition to your weekly supervision with your supervisor is expected.

Group Supervision: Master level interns are required to attend group supervision for staffing cases and ongoing training on intakes, assessments, diagnosis, and treatment planning.

Background check: Required (most states are \$19 paid by the intern. New York is significantly higher cost.).

Dress Code: Casual, business casual if in the community representing the organization.