



*Hope Recovery,
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Undergraduate Internship
Psychology, Social Work, Human Services
Fully Remote via Zoom

Position Description

Supervisor: Clinical Director

Purpose:

To provide undergraduate students studying majors within the mental health field, real-life experience to help them identify skills they will find both beneficial and needed if pursuing careers in the field. The internship includes both direct and indirect service hours.

Duties & Responsibilities:

- ❖ Track your internship hours on your Hope Recovery spreadsheet even if required to do so with your university.
- ❖ Complete required classroom and in-group training.
- ❖ Facilitate support groups.
- ❖ Be 5 minutes early to all scheduled groups and 10 minutes early to scheduled workshops and signed in.
- ❖ Develop a curriculum for a workshop related to abuse and sexual trauma or related issues.
- ❖ Maintain confidentiality.
- ❖ Plan for each weekly group, and if co-facilitating, collaborate with co-facilitator.
- ❖ Model genuine compassion, empathy, and open-minded responses within group.
- ❖ Use active listening skills to provide a safe and supportive group where members can feel safe to give and receive support.
- ❖ Attend supervision weekly and prepare for your supervision time. Attendance is required.
- ❖ Submit all required documentation and projects due in a timely fashion.

Opportunities:

- ❖ Learn & improve active listening skills.
- ❖ Gain group facilitation skills and experience.
- ❖ Gain additional knowledge regarding issues faced by survivors of abuse and sexual trauma and common coping skills needed to deal with these issues.
- ❖ Participate in ongoing training to increase knowledge base and skills.

Time Commitment: Hours per week depend upon your internship requirements. Minimum hours are 10, Maximum hours are discussed at the interview.

Age Requirements: At least 18 years of age.

Qualifications: Training is provided (A minimum of 20 hours classroom time & reading; a minimum of 12 additional hours in-group training are required).

Background check: Required (most states are \$19 and paid by the intern – New York is significantly more).

Dress Code: Casual. Business casual if you are presenting in the community.